



## MCAT 3-MONTH STUDY SCHEDULE - WEEK 3

		Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
F I R S T  S U B J E C T	R E A D	GS Bio Chapter 7 - The Circulatory System	GS Psych Chapters 4 to 8 - Perception - Taste (Gustation); Smell (Olfactory) Perception; General Overview of Kinesthesia, Proprioception, Balance and Equilibrium; Hearing (Auditory) Perception; Sight (Vision) Perception	GS Org Chem Chapters 3 & 4 - Alkanes; Alkenes	GS Phy Chapters 5 & 6 - Work and Energy; Fluids and Solids	GS Bio Chapters 8 to 10 - The Immune System; The Digestive System; The Excretory System	EK MCAT Reasoning Skills - Lecture 4: Advanced CARS Skills	Consolidation Sunday: review your Gold Notes from the beginning and consolidate what you learned from the beginning of each subject.
	Practice Questions	GS Bio Chapter 7 (book or ebook) Warm-up Exercises and online practice questions	GS Psych Chapters 4 to 8 online practice questions	GS Org Chem Chapters 3 & 4 online practice questions	GS Phy Chapters 5 & 6 online practice questions	GS Bio Chapters 8 to 10 (book or ebook) Warm-up Exercises and online practice questions	EK MCAT Reasoning Skills Lecture 4 (book) practice questions	

		Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
S E C O N D  S U B J E C T	R E A D	GS Biochem Chapters 2 & 3 - Enzymes, Thermodynamics and Buffers; Cellular Metabolism	GS Soc Chapters 3 & 4 - Social Interactions with Animals; Social Structures and Culture	GS Gen Chem Chapter 4 - Phases and Phase Equilibria	GS MCAT Math Chapters 5 & 6 - Geometry; Trigonometry	GS Biochem Chapter 4 - Metabolism II	None	
	Practice Questions	GS Biochem Chapters 2 & 3 (book or ebook) Warm up Exercises and online practice questions	GS Soc Chapters 3 & 4 online practice questions	GS Gen Chem Chapter 4 online practice questions	GS Math Chapters 5 & 6 (ebook) Warm-up Exercises	GS Biochem Chapter 4 (book or ebook) Warm-up Exercises and online practice questions	CARS Practice Tests 1 & 2 + post-test analysis	
Gold Notes		Review consolidated Gold Notes from beginning of Bio and Biochem chapters + compile brief notes from today's content review	Review consolidated Gold Notes from beginning of Psych and Soc chapters + compile brief notes from today's content review	Review consolidated Gold Notes from beginning of Org and Gen Chem chapters + compile brief notes from today's content review	Review consolidated Gold Notes from beginning of Physics and MCAT Math chapters + compile brief notes from today's content review	Review consolidated Gold Notes from beginning of Bio and Biochem chapters + compile brief notes from today's content review	Review consolidated Gold Notes from beginning of CARS chapters + compile brief notes from today's content review and post-test analysis	
Supplementary Review		GS online chapter videos; <a href="#">Khan Academy videos on Organ Systems</a>	<a href="#">Khan Academy videos on Society and Culture</a>	GS online chapter videos; <a href="#">Khan Academy videos on Chemical Processes</a>	GS online chapter videos; <a href="#">Khan Academy videos on Physical Processes</a>	GS online chapter videos	<a href="#">Khan Academy CARS videos</a>	