



MCAT 3-MONTH STUDY SCHEDULE - WEEK 4

		Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
F I R S T S U B J E C T	R E A D	GS Bio Chapters 11 to 13 - The Musculoskeletal System; The Respiratory System; The Skin as an Organ System	GS Psych Chapter 9 - Reception and Initial Processes of Sensory Inputs - Consciousness	GS Org Chem Chapters 5 & 6 - Aromatics; Alcohols	GS Phy Chapters 7 to 9 - Wave Characteristics and Periodic Motion; Sound; Electrostatics and Electromagnetism	GS Bio Chapters 14 & 15 - Reproduction and Development; Genetics	None	Consolidation Sunday: review your Gold Notes from the beginning and consolidate what you learned from the beginning of each subject.
	Practice Questions	GS Bio Chapters 11 to 13 (book or ebook) Warm-up Exercises and online practice questions	GS Psych Chapter 9 online practice questions	GS Org Chem Chapters 5 & 6 online practice questions	GS Phy Chapters 7 to 9 online practice questions	GS Bio Chapters 14 & 15 (book or ebook) Warm-up Exercises and online practice questions	CARS Practice Tests 3 to 5 + post-test analysis	
S E C O N D S U B J E C T	R E A D	GS MCAT Biochemistry Review Summary	GS Soc Chapters 5 & 6 - Demographics; Social Inequality	GS Gen Chem Chapter 5 - Solution Chemistry	GS MCAT Math Chapter 7 - Probability and Statistics	None	None	
	Practice Questions	GS passage-based Biochemistry online practice questions	GS Soc Chapters 5 & 6 online practice questions	GS Gen Chem Chapter 5 online practice questions	GS MCAT Math Chapter 7 (ebook) Warm-up Exercises	AAMC MCAT Biology Question Pack, Vol. 1: first half of practice questions	None	

	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
Gold Notes	Review consolidated Gold Notes from beginning of Bio and Biochem chapters + compile brief notes from today's content review and post-test analysis	Review consolidated Gold Notes from beginning of Psych and Soc chapters + compile brief notes from today's content review	Review consolidated Gold Notes from beginning of Org and Gen Chem chapters + compile brief notes from today's content review	Review consolidated Gold Notes from beginning of Physics and MCAT Math chapters + compile brief notes from today's content review	Review consolidated Gold Notes from beginning of Bio chapters + compile brief notes from today's content review and post-test analysis	Review consolidated Gold Notes from beginning of CARS chapters + compile brief notes from today's post-test analysis	
Supplementary Review	GS online chapter videos; Khan Academy videos on Organ Systems ; Khan Academy MCAT Biological and Biochemical Foundations of Living Systems practice passages	GS recommended videos (found in the Lessons section of GS MCAT Prep Courses except MCAT CARS program; Khan Academy videos on Social Inequality	GS online chapter videos	GS online chapter videos; Khan Academy videos on Physical Processes	GS online chapter videos; Khan Academy MCAT Biological and Biochemical Foundations of Living Systems practice passages	Khan Academy MCAT CARS practice passages	